

Renshu (as of December, 2006)

Don't forget to kiai!!!

Line 1	1	2	3	4	5	6	7	8
	Don -R	Don -L	Don -R	Don -L	Don -R	Don -L	Don -R Sa	

Line 2	1	2	3	4	5	6	7	8
	Don -R	Don -L	Don -R	Don -L	Don -R	Don -L	Don -R Sa	

Pull back Point L bachi

Line 3	1	2	3	4	5	6	7	8
	Don	Don	Don	Sa	Don	Don	Don	Sa

Hands together, up on toes = *

Line 4	1	2	3	4	5	6	7	8
	Don -R	Sa	Don -L	Sa	Don -L	Sa	Don -R	Sa

Scissors move

Line 5	1	2	3	4	5	6	7	8
Crescendo	Don	Don	Don	Don	Don	Don	Don	Don

Line 6	1	2	3	4	5	6	7	8
	Don	tsuku	Don	tsuku	Don	tsuku	Don	Don

Line 7	1	2	3	4	5	6	7	8
	Don	tsuku	Don	tsuku	Don	tsuku	Don	Don

Line 8	1	2	3	4	5	6	7	8
Doubles	Don -R	Don -R	Don -L	Don -L	Don -R	Don -R	Don -L	Don -L

Line 9	1	2	3	4	5	6	7	8
	Doro	tsuku	Don	Done	Doro	tsuku	Don	Don

Line 10	1	2	3	4	5	6	7	8
	Doro	tsuku	Done	Done	Doro	Don	Don	Sa

Line 11	1	2	3	4	5	6	7	8
	Don	ka	Don	ka	Don	ka	Don	ka

Keep bachi close to the rim

Line 12	1	2	3	4	5	6	7	8
	Don	ka	Don	ka	ka	kara	ka	ka

Line 13	1	2	3	4	5	6	7	8
	Don	ka	Don	ka	Don	ka	Don	ka

Line 14	1	2	3	4	5	6	7	8
	Don	ka	Don	ka	kara	ka	ka	Sa

Repeat...